

MULTIDISCIPLINÄRA PERSPEKTIV I DANSHÄLSOVETENSKAP: HÄLSA, SKADOR OCH TALANG

MULTIDISCIPLINARY PERSPECTIVES IN DANCE SCIENCE:
HEALTH, INJURY AND TALENT

7.5 högskolepoäng - 7.5 credits

Kurskod: FAKDVP

Nivå: Grundnivå

Huvudområde: Idrott/idrottsvetenskap

Fördjupningsgrad: G1N

Utbildningsområde: Idrottsliga området

Ämne: Idrottsvetenskap

Fastställd av: Institutionen för fysisk aktivitet och hälsa 2023-11-21

Version: 1

Gäller från: Vårterminen 2024

Specific entry requirements

No special admittance requirements.

Intended learning outcomes

Knowledge and understanding

- understand how knowledge within three themes (health, injury and talent) is created,
- describe the most common methods used to conduct professional development work and research into dancer health,

Competence and skills

- apply two different methods to investigate a dance science-related theme within one's own dance practice,

Judgement and approach

- critically discuss different sources of knowledge about health, injury and talent in dance.

Course content

The course comprises studies into health, injury and talent from different scientific and applied perspectives (e.g., physiological, psychological, practical). We discuss research methods with a clear focus on application and relevance to dancer health and for dance education. Several research methods will be highlighted, including quantitative (e.g., questionnaires, physiological tests) and qualitative (e.g., interviews, observations). Particular focus will be on discussions of how different methods and viewpoints can impact on, and be used by, dance educators.

Examination

For each examination, one regular test opportunity and one regular re-test opportunity are arranged. The latter (opportunity 2) is offered no earlier than two weeks and no later than six weeks after the student has been notified of the grading decision from the first examination opportunity. If the student does not take the re-test opportunity, the grade will be fail (Underkânt) and the student is referred for re-examination.

In addition to the regular examinations, additional re-examinations are given (opportunity 3 or more) for both theoretical and practical examinations. At least three examination opportunities must be offered within one year for each examination within a course.

A student who does not fully meet the goals of an examination may, at the discretion of the examiner, be given an opportunity to supplement to achieve a pass grade. It is only possible to supplement up to a pass, not to distinction. Normally, the student is assigned the supplementary assignment in connection with the grade being announced after the regular (first) examination occasion. The supplementary material/test must be submitted within two weeks after the student is notified of the test result, but before the next re-examination.

Course requirements

Attendance and active participation in the 2.5-day period at GIH.

If a student fails to adhere to a course requirement they can, after a decision by the examiner, be given the opportunity for a replacement assignment. The assignment must be submitted no later than at the end of the course.

If the student has a decision from GIH regarding special educational support due to disability or other reasons, the examiner has the right to give an adapted test or let the student complete the test in an alternative way.

Mode of examination

The course examinations are as follows.

Skriftlig individuell hemtentamen, 5 hp
Written examination, 5 credits

Muntlig presentation, 2.5 hp
Oral presentation, 2.5 credits

When students are examined, the obligations and rights are set accordingly with GIS's policies and regulations.

Grades

The grades for the course will be expressed in the form of either Pass with Distinction, Pass, or Fail. To obtain a Pass for the course as a whole, both examinations must have been assessed with a pass grade. To obtain a Pass with Distinction for the course as a whole, both examinations would normally need to have been assessed with a Pass with Distinction grade. Students will obtain more detailed criteria for each grade at the start of the course, at the latest.

Student influence and course evaluation

In accordance with Chapter 1 Section 14 of the Higher Education Ordinance (1993:100), a written course evaluation is arranged after course completion.

Students shall, in accordance with Chapter 1 section 4a of the Higher Education Ordinance (1992:1434) be given the opportunity to exercise their influence over the education, and higher education institutions shall encourage students to take an active role in their work of continually improve their courses. The format for student influence is regulated in GIHs guidelines.

Type of instruction

The course will be mostly delivered digitally, via Zoom. One 2.5-day long teaching period will be on campus at GIH. Teaching will take place via lectures, seminars and workshops. Discussions based in the participants' different jobs, knowledge, experiences and interests form an important part of the course.

Other information

Teaching and examinations will be in English.

When a course has been discontinued or undergone large changes, students are guaranteed at least an additional three opportunities for examination during a period of at least one year and for a maximum of two years after the discontinuation/major change has taken place.

Literature and list of references

Gäller hela kursen

Obligatorisk litteratur och övriga läromedel:

Clippinger, K. S. (2024). *Dance Anatomy and Kinesiology*. (3rd ed.). Human Kinetics. (valda delar)

Nordin-Bates, S. (2023). *Essentials of Dance Psychology*. Human Kinetics. (valda delar)

Welsh, T., Mainwaring, L., & Ambegaonkar, J. (2022). *Research Methods in the Dance Sciences*. University Press of Florida. (valda delar)

Tillkommer gör ca 10 vetenskapliga artiklar som preciseras i kurspromemorian som studenten får i och med kursstart.