

## **KLIMATOMSTÄLLNING OCH LEDARSKAP**

### **CLIMATE CHANGE COACHING**

7.5 högskolepoäng - 7.5 credits

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**Kurskod:** FACHAN

**Nivå:** Grundnivå

**Huvudområde:** Idrott/idrottsvetenskap

**Fördjupningsgrad:** G1N

**Utbildningsområde:** Idrottsliga området

**Ämne:** Idrottsvetenskap

**Fastställd av:** Institutionen för fysisk aktivitet och hälsa 2022-12-01

**Version:** 1

**Gäller från:** Höstterminen 2023

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### **Specific entry requirements**

None

### **Intended learning outcomes**

Knowledge and understanding

- Ability to identify, describe, and reflect on key concepts and theories, and how sport and outdoor recreation relate to the environment and to climate change

Skills and abilities

- Ability to adopt systemic thinking in coaching
- Ability to initiate and manage climate-related change

Evaluation ability and approach

- Ability to evaluate best practice conducive to sustainability and climate-related change

### **Course content**

The aim of the course is that the student develops knowledge, skills, and agency to address the interconnected global challenge of climate change. Climate change is not just an environmental problem, it's a human one. The course addresses how coaching skills can be used to tackle the complex sustainability challenge facing us today. In addition, the course examines how systemic thinking and practice enables you to cope with all levels of the system; from ourselves, to others, to systems and nature, and to the climate change crisis itself. Key concepts and theories are used to analyse climate change challenges in sport and outdoor recreation contexts, at the intersection between health and sustainability. The course empowers students to become change agents within local and international organisations, consultancy, and the education sector.

## **Examination**

For each test, an ordinary test opportunity and an ordinary retest opportunity are arranged. Ordinary re-examination (opportunity 2) is offered no earlier than two weeks and no later than six weeks after the student has been notified of the grading decision from the first examination opportunity.

In addition to regular exams and regular re-examinations, additional re-examinations are given (opportunity 3 or more) for both theoretical and practical examinations. At least three examination opportunities must be offered within one year for each examination within a course opportunity.

In the absence of a course requirement (compulsory teaching elements), after a decision by the examiner, the opportunity for a replacement assignment can be given. The assignment must be submitted no later than in connection with the completion of a module or course.

If the student has a learning support decision from GIH, the examiner has the right to provide the student with an adapted test, or allow the student to take the exam in an alternative way.

## **Mode of examination**

The course examinations are as follows.

Muntlig presentation, 2 hp  
*Oral presentation, 2 credits*

Skriftlig uppgift, 5.5 hp  
*Written assignment, 5.5 credits*

When students are examined, the obligations and rights are set accordingly with GIS's policies and regulations.

## **Grades**

The course will be graded as either Pass, Pass with distinction, or Fail. To achieve the grade Pass with distinction, the student is required to have Pass with distinction on at least two thirds of the total points assessed in the course.

The assessment criteria will be announced at the start of the course.

## **Student influence and course evaluation**

In accordance with 1 chapter section 14 of the Higher Education Ordinance (1993: 100), a written course evaluation is arranged after the completion of the course. Feedback from the results to the students is done after completing the course evaluation.

The course evaluation focuses on the students' learning and the pedagogical process in the course, where learning outcomes, learning activities and the outcome of the examination form the basis for a pedagogical reflection as well as assessment of the quality of the course.

## **Type of instruction**

The course is offered as a distance learning course and makes use of online communication. Students are required to participate under these conditions, and to have access to a computer with an Internet connection. The department will provide information about the technical requirements. Participation in group discussions is compulsory. The teaching takes place in the form of lectures, group assignments, seminars and individual studies.

## **Other information**

In the event that a course has been discontinued or undergone major changes, the student must at least be guaranteed three additional opportunities, in addition to the regular exam opportunity, during a period of at least one year, but no later than two years after the changes have been implemented.

## **Literature and list of references**

### **Gäller hela kursen**

Obligatorisk litteratur och övriga läromedel:

Cox, C., & Flynn, S. (2022). *Climate Change Coaching: The Power of Connection to Create Climate Action*. McGraw-Hill Education (UK), 281 p.

McCullough, B.P., Pfahl, M.E., & Nguyen, S.N. (2016) The green waves of environmental sustainability in sport, *Sport in Society*, 19:7, 1040-1065, DOI: 10.1080/17430437.2015.1096251

Lugg, A. (2007) Developing sustainability-literate citizens through outdoor learning: possibilities for outdoor education in Higher Education, *Journal of Adventure Education and Outdoor Learning*, 7:2, 97-112, DOI: 10.1080/14729670701609456

Trendafilova, S., & McCullough, B.P. (2018) Environmental sustainability scholarship and the efforts of the sport sector: A rapid review of literature, *Cogent Social Sciences*, 4:1, DOI: 10.1080/23311886.2018.1467256

Wilson, B., & Millington, B. (2020). *Sport and the environment. Politics and preferred futures*. Bingley: Emerald Publishing Limited, 240 p.

Kemper, J. A. & Ballantine, P. W. (2019). What do we mean by sustainability marketing? *Journal of Marketing Management*, 35:3-4, 277-309.

Leal Filho, W.; Tripathi, S.K.; Andrade Guerra, J.B.S.O.D.; Giné-Garriga, R.; Orlovic Lovren, V.; Willats, J. (2019). Using the sustainable development goals towards a better understanding of sustainability challenges. *Int. J. Sustain. Dev. World Ecol.*, 26, 179190.